

C.V. RAMAN POLYTECHNIC, BBSR



LESSON PLAN

Session (2026-2027)

Discipline: Diploma Branch: ETC	Semester: 5th	Name of the Teaching Faculty: Sabyasachi Patra Email ID: sabyasachi.patra@cwrp.edu.in
Subject: Universal Human Values(UHV) (OE 301(A))	No. of Days/per week class allotted: 45days/ 3 class per week	Semester From Date: 01/07/2026 To Date:05/11/2026 No. of Weeks:15
Week	Class Day	Theory
1st	1st	Introduction to Value Education – Concept and Need for Value Education
	2nd	Importance of Value Education in Personal Life
	3rd	Importance of Value Education in Professional Life
2nd	1st	Difference between Values and Skills
	2nd	Basic Human Aspirations: Happiness and Prosperity
	3rd	Methods to Achieve Human Aspirations
3rd	1st	Right Understanding and Right Relationships
	2nd	Introduction to Harmony in Human Being
	3rd	Understanding the Self ('I')
4th	1st	Differentiating between Self ('I') and Body
	2nd	Needs of the Self and Body
	3rd	Harmony of Self with Body
5th	1st	Ensuring Harmony between Self and Body
	2nd	Practices for Mental Well-being
	3rd	Practices for Physical Well-being

6th	1st	Family as the Basic Unit of Society
	2nd	Values in Human Relationships
	3rd	Trust as Foundation of Relationships
7th	1st	Respect as Foundation of Relationships
	2nd	Class Test-I
	3rd	Harmony in Family Harmony in Society
8th	1st	Concept of an Undivided Society
	2nd	Universal Human Order
	3rd	World Family (Vasudhaiva Kutumbakam)
9th	1st	Interconnectedness in Nature
	2nd	Four Orders in Nature – Material Order
	3rd	Plant (Pranic/Bio) Order
10th	1st	Animal Order
	2nd	Human Order
	3rd	Mutual Fulfilment among Four Orders
11th	1st	Co-existence in Nature
	2nd	Holistic Perception of Harmony in Existence
	3rd	Environmental Balance and Sustainability
12th	1st	Role of Human Beings in Maintaining Ecological Balance
	2nd	Introduction to Professional Ethics. Ethical Human Conduct
	3rd	Class Test-2
13th	1st	Integrating Values into Professional Life
	2nd	Professional Accountability and Responsibility
	3rd	Case Studies in Professional Ethics
14th	1st	Ethical Dilemmas in Real-Life Situations

	2nd	Universal Human Values in Decision Making
	3rd	Developing Ethical Solutions
15th	1st	Self-Reflection and Self-Exploration
	2nd	Goal Setting, Social Responsibility & Community Service
	3rd	Previous Year Question Discussion


Signature of Faculty


Signature of HOD (ETC)